



Free GENTLE EXERCISE

Tuesday 9-9:45am
During School weeks

Location
Nundah State School Hall
In front of Boyd Park
Boyd Rd, Gate 12, Nundah 4012
Nundah SS Community Hub

SCAN TO ENROL



reclink australia

STACEY.COOPER@RECLIINK.ORG



TALES & Togetherness

Adults

Join us for a playful, nurturing space where you can explore your creativity with others.

Share stories, laughter, and creativity in a welcoming group. Using drama therapy activities, we celebrate diverse cultures and life experiences while building friendships and having fun together. All abilities and backgrounds welcome!



MONDAYS 10am-12pm
Term 1 2026: 2/2 - 30/3
*No group MONDAY 23/2

@ the Community Hub
Nundah State School Hall
In front of Boyd Park, Gate 12
bdiba0@eq.edu.au
Bahareh




Free ENGLISH CLASS

Join our free "English Conversations" Where Learning Meets Fun

- ✓ No-pressure environment
- ✓ Connecting, Relaxing and laughing
- ✓ Improve your English skills
- ✓ Unlock the power of conversation

Friday
During School weeks
Starts 30 Jan
10am-12pm

Nundah State School Hall
In front of Boyd Park
Boyd Rd, Gate 12, Nundah 4012

CONTACT US

Bahareh
Bdiba0@eq.edu.au




ART AS MEDITATION & EXPRESSION

Facilitator: Donna McDonald
An Australian writer, memoirist, and visual artist
Join us for a gentle, welcoming art workshop where creativity becomes a way to relax, reflect, and express yourself. These sessions focus on process, not perfection.

NO EXPERIENCE NEEDED. NO PRESSURE, NO RIGHT OR WRONG JUST COME AS YOU ARE.

TUESDAYS, 10:00AM - 12:00PM TERM 1

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All materials provided Free

Info: Bahareh
community Hub leader
bdiba0@eq.edu.au





MINI MOVERS

0 - 5 years + Caregiver

- Balance and co-ordination
- Communication and social skills
- Imagination and expression

FRIDAYS 10-11 AM
Term 1 2026: 6/2 - 27/3
@ the Community Hub
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Bahareh

Join us for some fun, movement, music and connection



Free CITIZENSHIP CLASS

- ✓ Improve English skills for reading, listening and understanding test topics
- ✓ Get support with the citizenship application process and forms
- ✓ Practise citizenship test questions
- ✓ Learn key information from the Australian Citizenship: Our Common Bond book

Friday
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STORY Sprouts

Little ones (0-5 years) + Caregivers

Join us for a playful, nurturing space where you and your little one can explore creativity together!

Through songs, movement, stories, and gentle drama activities, we'll support your child's imagination, development and emotional expression while building connections with other families.

"Where stories grow and connections bloom"

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NUNDAH SS COMMUNITY HUB

Timetable Term 1/2026

Community Hubs are welcoming spaces where families from all backgrounds can connect, share and learn. We can help with: Form filling & School & kindergarten enrolments All Free. Referrals available to services including: DV Action, NDIS, St Vincent de Paul, Jabiru, RAILS, Department of Home Affairs, SSI & Community. Everyone is welcome.

MON	Story Sprouts (0-5 years + caregivers) 9-10am (Starts 2 nd Feb) A playful, nurturing program where young children and their caregivers explore stories, songs, movement, and gentle drama together. Supports creativity, emotional expression, and connection with other families.
MON	Tales & Togetherness (Adults) 10-12 (Starts 2 nd Feb) A welcoming, creative group for adults to share stories, connect with others, and explore creativity through drama based activities. Celebrating diverse cultures, life experiences, and friendship in a fun, inclusive space.
TUE	Exercise Classes - Hosted by Reclink 9:00-9:45am (Starts 27th Jan) Reclink Australia provides sports and recreational programs to individuals experiencing disadvantage. They aim to create opportunities for personal growth, resilience, and social inclusion through physical activities.
TUE	ART AS MEDITATION & EXPRESSION 10-12 (Starts 30th Feb) Join us for a gentle, welcoming art workshop where creativity becomes a way to relax, reflect, and express yourself. These sessions focus on process, not perfection. All free.
FRI	Mini Movers (Kids 0-5 years) 10-11am (Starts 6/2-27/3 for 8 weeks) Join us for Fun, Movement, Music and Connection. Balance & Coordination, Communication & Social skill, Imagination & Expression.
FRI	Citizenship Support Class 9-10am (Starts 30 Jan) Get help with your questions and prepare for your test.
FRI	English Conversation 10am-12pm (Starts 30 Jan) Join "English Conversation" when learning starts for the week in a relaxed, supportive environment where you can register to join and improve your English skills. This class is about connecting, laughing and learning in a relaxed, no-pressure environment.

Info: Bahareh
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